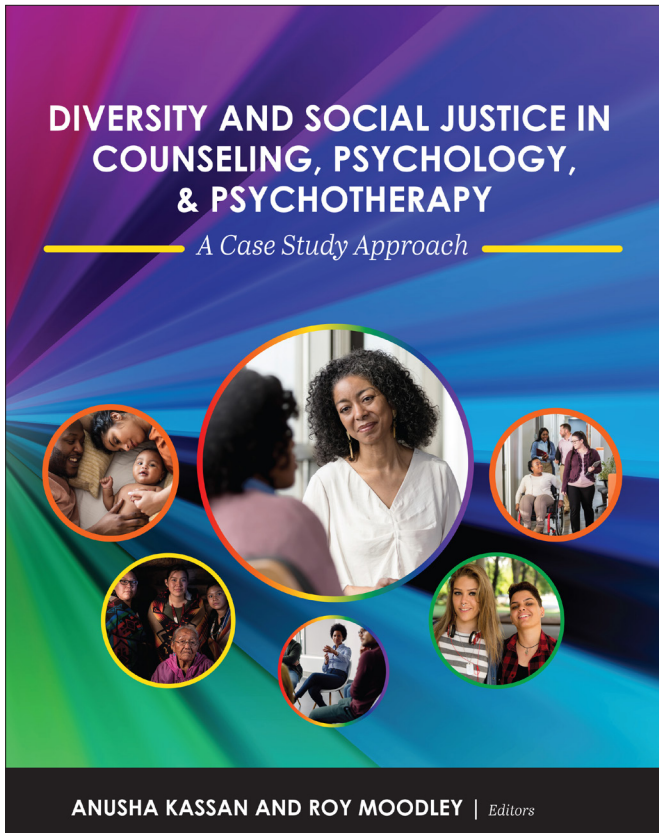


INSPIRING ACADEMIC EXCELLENCE THROUGH
INNOVATIVE TITLES



Diversity and Social Justice in Counseling, Psychology, and Psychotherapy: A Case Study Approach offers readers a critical perspective on the ways in which helping professions are practiced in the context of a multifaceted society.

The text is designed to advance readers' understanding that ethnic group and race categories are useful but limited without the inclusion of the intersectionality of the Group of Seven (Big 7) identities (and beyond): race/culture/ethnicity, gender, sexual orientations, class, disability, religion/spirituality, and age. Key concepts, such as multiple and intersecting cultural identities and social locations, power, privilege, stereotyping, discrimination, prejudice, and oppression, are explored through various points of entry. Individual chapters cover the integration of antiracism and critical race theory in practice, Indigeneity and coloniality as analytic tools, feminist therapy, ethical considerations, and more.

The book supports the construction of an intersubjective, intrapsychic, and relational space in practice. Each chapter includes a case vignette that illustrates how cultural, historical, economical, and sociopolitical contexts offer a background to diversity and social justice theory and practice, as well as reflective questions to help readers think critically.

**Diversity and Social Justice in Counseling,
Psychology, and Psychotherapy**
A Case Study Approach

Anusha Kassan and Roy Moodley, Editors

Print: \$88.95

EBook: \$75.95

Pages: 434 pg | **ISBN:** 978-1-5165-4859-0 | © 2022

Interested in considering this text for your course?

Visit titles.cognella.com to request
a FREE digital review copy today.

Diversity and Social Justice in Counseling, Psychology, and Psychotherapy is an essential resource for students and practitioners within various helping professions.

Anusha Kassan, Ph.D., RPsych is an associate professor in the School and Applied Child Psychology program at the University of British Columbia. She is the director of the Vividathà Research Group. She completed her graduate studies at McGill University, which included a pre-doctoral internship in professional psychology at the University of California, Irvine Counseling Centre.

Roy Moodley, Ph.D. is an associate professor in counseling and clinical psychology at the Ontario Institute for Studies in Education at the University of Toronto. He is the director of the Centre for Diversity in Counselling and Psychotherapy and the associate editor of the Routledge *International Journal of Health Promotion and Education*.

titles.cognella.com

TAKE A LOOK AT THE
TABLE OF CONTENTS



Foreword

Courtland C. Lee

Preface

Part I Pushing Multicultural Practice Forward: History, Philosophy, and Social Justice

Chapter 1 Exploring Indigenous Ways of Knowing

Jeff King

Chapter 2 Integrating Antiracism and Critical Race Theory in Therapeutic Practice

Tanya Jo-anna De Mello

Chapter 3 Multicultural and Social Justice Counseling Competencies: A Critical Review

Anusha Kassan and Jasmine Nathoo

Chapter 4 (Re)Placing Multicultural Counseling and Psychotherapy: Diversity, Social Justice, and Beyond

Roy Moodley, Jenny Hui, and Tanya Jo-anna De Mello

Part II Theoretical Approaches: Transforming Clinical Practice

Chapter 5 Psychoanalysis/Psychodynamic Analysis

Pratyusha Tummala-Narra

Chapter 6 Humanistic/Client-Centered Analysis

Chris L. Carver and Jeffrey H. Cornelius-White

Chapter 7 Existential Analysis

André Marseille and Clemmont Vontress

Chapter 8 Cognitive Behavior Analysis

Laura Jobson, Amanda Nagulendran, and Nikolaos Kazantzis

Part III Analyzing Diversity Through Contemporary Lenses

Chapter 9 Indigeneity and Coloniality as Analytic Tools

Jeffrey Ansloos, Nicole Santos Dunn, Katelyn Ward, and Samantha McCormick

Chapter 10 A Feminist Analysis

Kate Richmond and Alexis Zollo

Chapter 11 A Queer Analysis

Jan E. Estrellado

Chapter 12 Slow Intersectionality

Liane C. Cheshire and Nancy Noldy-MacLean

Chapter 13 Contextual Action Theory

Richard A. Young, Alejandra Botia, and Rosalynn Record-Lemon

Part IV The Group of Seven Identities and Beyond

Chapter 14 Race, Culture, Ethnicity, and the Group of Seven

Tracy Robinson-Wood

Chapter 15 Gender Diversity and the Group of Seven

Vanessa Vegter

Chapter 16 Sexual Orientations and the Group of Seven

Joseph Roy Gillis and David Collicot

Chapter 17 Class and the Group of Seven

Cristelle Audet

Chapter 18 Disability and the Group of Seven

Erin Andrews and Anjali Forber-Pratt

Chapter 19 Religion/Spirituality and the Group of Seven

Sandra Dixon and David Smith

Chapter 20 Age and the Group of Seven

Corey Mackenzie and Lindsay Berard

Chapter 21 Beyond the Group of Seven: Weight Diversity and Weightism

Sarah Nutter and Shelly Russell-Mayhew

Chapter 22 Beyond the Group of Seven: Ethical Nonmonogamy

Geri Weitzman

Part V Social Justice, Transnational, and Human Rights Perspectives

Chapter 23 Critical Diversity and Social Justice: Organizational and Systemic Considerations

Ada L. Sinacore

Chapter 24 Immigration and Globalization: Impacts on Newcomer Youth's Educational Experiences

Anusha Kassan and Rabab Mukred

Chapter 25 Ethics of the Other, Social Justice, and Human Rights

Elizabeth Vera and Lincoln Hill

Chapter 26 The Internationalization of Counseling, Psychology, and Psychotherapy: Decolonizing Diversity and Social Justice Training

Kaori Wada and Anusha Kassan

Chapter 27 Beyond the Talking Cure: Global South Psychologies

Roy Moodley, Sara Azarshahi, Shivon Raghunandan, Olaniyi Bojuwoye, and Yaoxin Zhang

Index

About the Editors

About the Contributors

titles.cognella.com

An imprint of Cognella, Inc. © Copyright 2021
adopt@cognella.com | 858.552.1120